Family Vacation Center 2023
Weekly Schedule – Week 4

SUNDAY

12:00-7:00pm  Vacationer Check-In
A welcome team of VC Staffers will be eagerly awaiting your arrival in the parking lot with complimentary move-in assistance. Be sure to give the welcome team your vehicle information so that the parking department may issue a virtual parking pass for the week.

Lunch
12:00-1:00pm  Carrillo Dining Commons

1:00-5:00pm  Courtyard Bar Open
For welcome drinks and snacks! Our Hospitality Coordinator will be available for additional activity sign-ups or to make any changes to your scheduled activities.

1:00-5:00pm  Pool Open – lifeguard on duty
Use your room key to join us at the pool. Pool towels, ice cream and drinks available at the Front Desk.

1:00-5:00pm  Craft Studio Open
Perfect time to check out the Arts and Crafts area. We offer ceramics, derby cars, classes and more!

1:00-5:00pm  Lawn Games
Music, balls, bubbles, hula-hoops and cornhole on the FVC lawn

2:15-4:15pm  Youth Surfing Lesson
Wetsuit and surfboard provided. Meet in the Courtyard. $55 pp (Ages 8-12)

4:00-5:00pm  Reptile Show
This family show is held on the FVC lawn and features tons of amazing, creepy, and crawly reptiles. Interaction with the reptiles is optional, but missing this show is not!

5:00-5:30pm  New Vacation Tour
New Vacationers are invited to meet at the Plaza in front of San Rafael Tower for an overview of the Family Vacation Center’s operations and tour.

Dinner
5:30-6:30pm  Carrillo Dining Commons

7:00-7:30pm  Welcome Show
The Family Vacation Center staff will introduce themselves with an exciting show on the FVC lawn.

7:30-8:00pm  Parents Meeting
Following the show, the kids get a chance to meet their counselors and play games on the lawn. Parents meet in the Loma Pelona Room for an orientation to the week. We highly encourage both new and returning adults to attend to learn about exciting new activities.
# Weekly Schedule

## MONDAY

### Morning Options

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00-8:00am</td>
<td><strong>Morning Run</strong> ☑️</td>
<td>Morning Run 5 mile guided run. Meet at the Plaza.</td>
</tr>
<tr>
<td>8:00-9:00am</td>
<td><strong>Breakfast</strong></td>
<td>Carrillo Dining Commons.</td>
</tr>
<tr>
<td>9:00-11:45am</td>
<td><strong>Kids Group and Small World</strong></td>
<td>Kids Group and Small World will meet with their age groups to start the fun week of scheduled events. High School goes to Ropes Course.</td>
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</table>

### Lunch

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>12:00-1:00pm</td>
<td><strong>Family Picnic on the FVC Lawn</strong></td>
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### Afternoon Options

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>1:00-5:00pm</td>
<td><strong>Pool Open</strong> - Lifeguard on duty.</td>
</tr>
<tr>
<td>1:00-4:00pm</td>
<td><strong>Craft Studio Open</strong></td>
</tr>
<tr>
<td>2:00-4:00pm</td>
<td><strong>Recreation Center Rock Wall</strong> ☑✓</td>
</tr>
<tr>
<td>2:00-4:00pm</td>
<td><strong>Kids Tennis</strong> ☑</td>
</tr>
<tr>
<td>2:00-4:00pm</td>
<td><strong>Santa Barbara Courthouse Visit</strong> ☑★</td>
</tr>
<tr>
<td>9:15-11:45am</td>
<td><strong>Volleyball Clinic</strong> ☑</td>
</tr>
<tr>
<td>9:15-1:00pm</td>
<td><strong>Candle Making Class</strong> ☑★</td>
</tr>
<tr>
<td>9:15-11:30am</td>
<td><strong>Adult Surfing Lesson</strong> ☑★</td>
</tr>
<tr>
<td>9:15-11:45am</td>
<td><strong>Stand Up Paddle Boarding</strong> ☑★</td>
</tr>
<tr>
<td>9:15-11:30am</td>
<td><strong>Craft Studio Open</strong></td>
</tr>
<tr>
<td>9:30-11:15am</td>
<td><strong>Escape Room</strong> ☑★</td>
</tr>
<tr>
<td>10:30-11:30am</td>
<td><strong>Yoga</strong> ☑</td>
</tr>
<tr>
<td>10:30-11:30am</td>
<td><strong>Social Media 101</strong> ☑</td>
</tr>
</tbody>
</table>

### Events

- **High School Campout**
  - *Pending campsite availability due to California flooding*
  - The teens will be leaving for their big overnight camping trip. Pack sleeping bags and warm clothing.

- **Kids-Only Party**
  - Starts with dinner, followed by fun games, exciting activities, and crafts!

- **Small World**
  - Starts with dinner, followed by a pajama party!

- **Dinner at Glen Annie Golf Club**
  - Adult dinner this evening is provided at Glen Annie Golf Club. Cocktail party with lawn games followed by dinner.
  - Meet at the Plaza.
  - **Shuttle times:** 5:20pm and 5:50pm
### TUESDAY

#### Breakfast
8:00-9:00 am  Carrillo Dining Commons.

9:00-3:30 pm  Kids Group & Small World
Kids group and Small World meet in age group rooms, before going out on Field Trip Day! Lunch will be provided.

#### Morning Adult Options

**9:15-11:45 am**  Kayaking ✭✭
Kayak Tour on a “sit on top kayak” with skilled guide. Meet at the Plaza.
$60 pp

**9:15-11:45 am**  Adult Tennis Intro to Doubles Play
Come make your volleys crisp and your doubles strategy dance. We will be doing drills and doubles play, and you'll leave a true doubles expert.

#### All Day Adult Options

**9:15-3:30 pm**  Wine Country Tour (21+) ✭✭
Includes tastings at 2 wineries. Meet at the Plaza. Gourmet box lunch included.
$80 pp

**9:15-11:45 am**  Hike ✭
Easy to intermediate 2 to 3 mile hike, led by staffer. Will return to camp for lunch. Meet at the Plaza.

**10:30-3:30 pm**  Taste of Santa Barbara Tour(21+) ✭✭
Experience an intimate walking food tour in the heart of Santa Barbara. Meet at the Plaza $120 pp

#### Afternoon Family Options

**1:00-5:00 pm**  Pool Open - Lifeguard on duty.

**1:00-3:30 pm**  Adult Swimming Lesson ✭✭
Wetsuit and surfboard provided. Meet in the Courtyard.
$55 pp (Ages 13+)

**1:00-5:00 pm**  Craft Studio Open

**1:00-3:00 pm**  Adult Tennis - Intermediate and Advanced Lesson
Meet other vacationers at your level and set up matches for later in the week. Shuttle leaves at 1:00pm; returns at 3:00pm. Meet at the Plaza.

**2:45-5:00 pm**  Trapeze School✭✭
Combining aerial arts, fitness, adventure pure fun, this trapeze class offers something special for everyone! $85 pp

**3:30-5:00 pm**  Tie Dye Craft ✭
T-shirts will be available for purchase, but feel free to bring items from home to tie and dye! Meet on the Lawn. $15 pp

**3:30-5:00 pm**  Family Dance Party and Lawn Games
Join us as we boogie down to hits like the Macarena, electric slide, cha cha slide and more. Or play around with hula hoops, games, bubbles, and more!

#### Dinner

5:00-6:00 pm  Carrillo Dining Commons.

6:30-7:30 pm  Talent Show ✭
Polish up those rusty instruments, break out your wackiest skits, and get ready for some family fun! Limit one act per guest. Meet at the FVC Lawn. Sign up at the front desk Monday.

**7:45-8:30 pm**  Family Bingo ✭
Bring the whole family together! But be aware, this is no ordinary bingo game... it's Disco Bingo!

**9:00-11:00 pm**  Top Chef Night – Toga Edition (21+)
Join us for a night of tasty drinks and live music including some of your all-time favorite, classic songs!

Lunch
11:45-12:45 pm  Carrillo Dining Commons is open to guests not attending Wine Tour, Taste Tour or Kids Groups
### WEDNESDAY

#### Early Morning Options

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Description</th>
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<tbody>
<tr>
<td>7:00-12:30pm</td>
<td><strong>Golf Outing</strong></td>
<td>Join us at the Glen Annie Golf Club. Fee includes a round of golf with breakfast &amp; lunch. Must cancel by Tuesday morning. Transportation is provided. Meet at the Plaza. <strong>$70</strong></td>
</tr>
</tbody>
</table>
| 7:30-11:00am  | **Horseback Riding**                          | Beginner Trail ride through the hills and Beach of Carpinteria. Transportation provided, breakfast will be included. **$230 pp (Ages 10+)**  
**Leaves at 7:30am. Meet at the Plaza.** |

**Breakfast**
8:00-9:00am   | Carrillo Dining Commons                       |
9:00-11:45am  | **Kids Group and Small World**               | Kids Group and Small World meet in their age group rooms.                    |

#### Morning Adult Options

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<tbody>
<tr>
<td>9:15-11:45am</td>
<td><strong>Beginner’s Tennis &amp; Open Play</strong></td>
<td>Shuttle leaves at 9:20am; returns at 11:45am.</td>
</tr>
<tr>
<td>9:15-11:30am</td>
<td><strong>Nature Reserve Hike</strong></td>
<td>Join us for an easy walk at our local nature reserve: Coal Oil Point.</td>
</tr>
<tr>
<td>9:15-11:30am</td>
<td><strong>Scenic Bike Ride</strong></td>
<td>This guided bike ride will consist of approximately 8 miles of road paths, dirt paths, and natural beauty. Meet at the Plaza. <strong>Rentals $20pp</strong></td>
</tr>
<tr>
<td>9:15-11:45am</td>
<td><strong>Stand Up Paddle Boarding</strong></td>
<td>SUP lesson includes board, paddle, and lesson. Meet at the Plaza. <strong>$60 pp (Ages 16+)</strong></td>
</tr>
<tr>
<td>9:15-11:30am</td>
<td><strong>Book Binding Class</strong></td>
<td>Learn the basics of how to sew and bind your own journal! We will cover the necessary steps for you to leave class with two journals. Meet at the Plaza. <strong>$50 pp</strong></td>
</tr>
<tr>
<td>10:30-11:30am</td>
<td><strong>Yoga</strong></td>
<td>This class blends Hatha and Flow styles to create a well-balanced yoga practice that builds strength and flexibility. All skill levels are welcome. Meet in Loma Pelona.</td>
</tr>
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**Lunch**
11:45-12:45pm | Carrillo Dining Commons                       |

#### Afternoon Options

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<tr>
<th>Time</th>
<th>Activity</th>
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<tr>
<td>1:30-2:30pm</td>
<td><strong>Family Pool Party and Watershow</strong></td>
<td>Join us around the pool area for music, swimming and races. The staff will put on a show for the whole family! <strong>1:30 Races; 2:00 Watershow.</strong></td>
</tr>
<tr>
<td>1:00-3:00pm</td>
<td><strong>Small World</strong></td>
<td>Small world is open for naps!</td>
</tr>
<tr>
<td>1:00-4:00pm</td>
<td><strong>Crafts Studio Open</strong></td>
<td>Kayaking <strong>Kayaking</strong></td>
</tr>
<tr>
<td>2:30-4:00pm</td>
<td><strong>Youth Surfing Lesson</strong></td>
<td>Wetsuit and surfboard provided. Meet in the Courtyard. <strong>$55 pp (Ages 8-12)</strong></td>
</tr>
<tr>
<td>2:30-4:00pm</td>
<td><strong>Kids Tennis</strong></td>
<td>Kids ages 6-13 are invited to learn new skills and play games. All levels welcome. Shuttle leaves promptly at 2:30pm; returns at 4:00pm. Meet at the Plaza.</td>
</tr>
<tr>
<td>3:00-4:00pm</td>
<td><strong>Family Craft</strong></td>
<td>Summer Fun! Meet outside of crafts.</td>
</tr>
<tr>
<td>5:00-9:00pm</td>
<td><strong>Small World Open</strong></td>
<td>Dinner followed by a pajama party.</td>
</tr>
<tr>
<td>5:00-9:00pm</td>
<td><strong>Kids Night Out</strong></td>
<td>Join us for an interactive scavenger hunt full of adventures and crazy excitement for all of Kids Group. Dinner included.</td>
</tr>
<tr>
<td>5:15-9:00pm</td>
<td><strong>Adult Night on the Town</strong></td>
<td>Registration required. Free shuttles are provided for guests who wish to dine on their own in downtown Santa Barbara. Meet at the Plaza.</td>
</tr>
</tbody>
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**Dinner**
6:00-7:00pm   | Carrillo Dinning Commons will be open for guests not attending Night on the Town. |

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<td>9:00-11:00pm</td>
<td><strong>Pub Trivia Night (21+)</strong></td>
<td>Team up with other vacationers and show off your trivia skills with this 3 round tournament. We will supply snacks, soft drinks and an open bar. Meet at Loma Pelona.</td>
</tr>
<tr>
<td>9:00-11:00pm</td>
<td><strong>Adults Craft Night (21+)</strong></td>
<td>Work on your crafts while enjoying some wine and cheese.</td>
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</tbody>
</table>
## Thursday (Beach Day)

### Breakfast
8:00-9:00am  Carrillo Dining Commons.

### Kids Group and Small World
9:00-3:00pm  Meet in age group rooms. Kindergarten and up will head to the beach for a BBQ lunch. Small World and Pre-K will eat at Carrillo Dining Commons. Jr. High will be slacklining on the beach.

### Morning Adult Options

<table>
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</table>
| 9:00-12:15pm | Santa Barbara Bike Ride [✓]  
9:00am Rental  9:30am Ride departure  
This 27-mile bike ride winds through beautiful Hope Ranch and to Shoreline Park. *Road bikes are suggested.*  
Rentals $35pp  
Meet at the Plaza. |
| 9:00-11:30am | Craft Studio Open  
Ring wrapping kits and instruction available |
| 9:15-11:45am | Kayaking [✓][★]  
Kayak Tour in a “sit on top kayak” with skilled guide. Meet at the Plaza.  
$60 pp |
| 9:15-11:45am | Tennis Adult Lesson and Cardio  
The tennis pro will guide vacationers who would like to work on their skills and keep the cardio level up.  
**Shuttle leaves at 9:20am; returns at 11:45am.** |
| 9:15-10:15am | iPhone Photography Class [✓]  
Learn some new photography skills from the ease of your iPhone. |

### Afternoon Options

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</table>
| 12:45-3:00pm | Goleta Beer and Spirit Tour (21+) [✓][★]  
Enjoy an afternoon of unique samples at Captain Fatty’s and Goleta Red Distilling.  
Transportation included.  
**Shuttle leaves Goleta Beach at 12:45pm**  
$25pp |
| 1:00-5:00pm | Pool Open  
Lifeguard on duty |
| 1:00-4:30pm | Craft Studio Open  
Last chance to complete your derby cars and ceramics! |
| 2:30-4:30pm | Adult Surfing Lesson [✓][★]  
Wetsuit and surfboard provided.  
Meet in the Courtyard  
$55 pp (Ages 13+) |
| 3:30-5:00pm | Kids Rock Wall  
Join us on the FVC lawn and test your climbing skills! Great for all ages of little monkeys! |

### Dinner–
5:00-6:00pm  Carrillo Dining Commons.

### Family Photos
6:30-7:00pm  Meet on the beach before Campfire to take your family picture with our photographer.

### Campfire
7:00-8:00pm  No camp experience is complete without a beach campfire. Bring your beach towels, portable chairs and VC sweatshirts! Join us on the beach below Manzanita Village for s’mores and sing-a-longs.

### Adult Karaoke (21+)
9:00-11:00pm  It’s party time in Loma Pelona! We will provide the drinks; you provide the entertainment!
FRIDAY

Breakfast
8:00-9:00am  Carrillo Dining Commons

9:00-11:45am Kids Group and Small World
Kids group and Small World meet in their age group rooms. Pick up is on the FVC Lawn following the Kids Group Show.

Morning Options
9:15-11:15am Adult Surfing Lessons
Wetsuit and surfboard provided. Meet in the Courtyard. $55 pp (Ages 13+)

9:15-10:15am Power Walk
Join an FVC staffer for a quick paced 2.5 mile walk around campus.

9:15-11:15am Kayaking
Kayak Tour in a “sit on top kayak” with skilled guide. Meet at the Plaza. $60 pp (Ages 16+)

9:15-11:00am Tennis Olympics
The Tennis Olympics are the ultimate finish to a great week of tennis! Shuttle leaves at 9:20am; returns at 11:00am.

10:30-11:30am Yoga
This class blends Hatha and Flow styles to create a well-balanced Yoga practice. All skill levels welcome. Meet in Loma Pelona.

11:15-11:45am Kids Group Show
All parents are invited to watch their children perform skits and songs in the Kids Group show. Don’t forget to bring your camera! On the FVC Lawn.

Lunch
11:45-12:45pm  Carrillo Dining Commons

1:00-5:00pm Pool Open - Lifeguard on duty

1:00-4:30pm Small World
Small World is open for naps!

Afternoon Options
1:00-3:00pm Youth Surfing Lesson
Wetsuit and surfboard provided. Meet in the Courtyard. $55 pp (Ages 8-12)

1:00-3:00pm Staff vs. Vacationer Softball Game
Rumor has it that the staff has never lost a game! Meet at the Plaza to walk over to the softball field.

3:30-4:30pm Pinewood Derby Race
Join other Pinewood Derby racers for a spirited race on the FVC Race Track. They all will race, but only one will take home the win! Meet at the Plaza.

Dinner
5:00-6:00pm  Carrillo Dining Commons.

7:00-8:30pm Farewell Show and Awards
Come watch the anticipated conclusion to the Weekly Show! Meet in the Plaza at 6:45pm to walk to Hatlen Theatre.

8:30-10:00pm Early Check-Out
Check-out is available after the Farewell Show for guests who would like to complete check-out paperwork early. Check-out paperwork is located in your mailbox in the lobby.

SATURDAY

7:30-10:00am Checkout
This final farewell is a time to close out your tab and fill out a vacation evaluation with comments and suggestions for next summer.

Breakfast
8:00-9:00am  Carrillo Dining Commons